HONOR FLIGHT BLUEGRASS

GUARDIAN TRAINING



Guardian Training

Before moving any further with training

 Have paper and pen ready to write down the answers to the Review Questions only. Requirements for Online Training Completion

 Submit your answers to your Honor Flight Bluegrass (HFB)
 Designated Representative via email or by phone.

Guardian Training What this training is all about!

- Shared lessons learned
- Recommendations
 - In response to common issues and encounters within Honor Flight.

- What this training is **NOT** about
- Directives
- Policies
- Procedures
- Mandated Actions

Review Question #1

Is this Guardian training designed to provide trainees with a rigid set of policies and procedures to follow on Honor Flight?

No

Please click on the correct response



EARL MORSE – HONOR FLIGHT FOUNDER



The Honor Flight Network program was conceived by Earl Morse, a physician assistant and Retired Air Force Captain. Earl wanted to honor the Veterans he had taken care of for the past 27 years.

After retiring from the Air Force in 1998, Earl was hired by the Department of Veterans Affairs to work in a small clinic in Springfield, Ohio. In May of 2004, the World War II Memorial was finally completed and dedicated in Washington, D.C. and quickly became the topic of discussion among his World War II Veteran patients.

Earl could tell that the majority of the Veterans had given up all hope of ever visiting the memorial that was specifically created to honor their services as well as the services of their fellow comrades who had paid the ultimate sacrifice. That's when Earl decided that there had to be a way to get these heroes to D.C. to see their memorial.

In addition to being a physician assistant, Earl was also a private pilot and a member of one of our nation's largest and best aero clubs located at Wright-Patterson Air Force Base in Dayton, Ohio. And things started coming together.

Earl addressed about 150 members of the aero club during a safety meeting, outlining a volunteer program to fly Veterans to their memorial. After Earl spoke, six pilots who had never met his patients stepped up to volunteer. And Honor Flight was born.

GUARDIAN TRAINING AGENDA

- HISTORY
- SAFETY
- INJURIES / MEDICAL
- RESPONSIBILITIES
- WHEELCHAIRS
- AIRPORT OPERATIONS
- AIRCRAFT / BUS
- WELCOME HOME
- CLOSING REMARKS

GUARDIAN TRAINING OVERVIEW

CLICK HERE TO PLAY VIDEO

(A new window will open and you may have to "Allow" it to play.)

GUARDIAN TRAINING SAFETY is the most single overriding factor and the primary responsibility of the Guardian

"Gravity" is the "Enemy" of the Veteran

Gravity is Not Our Friend

The most likely time for gravity to rear its ugly head is during times of transition.

- Terminal to aircraft
- Aircraft to bus
- Off/on bus
- Bus to terminal
- Terminal to aircraft
- Deplane in Louisville

Review Question #2

- Which of the following is NOT our friend
 - Please click on the correct response
 - A. Police escort
 - B. Bus drivers
 - C. Hydration
 - D. Gravity

SAFETY

Safety is the Number 1 factor to a successful mission and our safety record is 100%.

It is our duty and responsibility, coupled with your role as a guardian, to preserve and protect this national treasure of a veteran.

Safety

- You must constantly watch and assist these veterans at all times, such as, but not limited to:
 - Standing Up or Sitting Down
 - Stepping Up or Stepping Down
 - Taking off and turning or stopping abruptly.
- PREVENT THE FALL. You must insure that a veteran does not fall at all other costs. A hip fracture for a senior veteran can lead to very serious medical conditions.
- If your veteran has a problem walking or seems the slightest fatigued, then notify staff to bring you a wheelchair. Sit the veteran down so that they can rest until we bring medical services to you.

Safety

- If you see a Honored Veteran who is having a problem walking, immediately notify an Honor Flight Team member.
- Staff will secure a wheelchair for the Honored Veteran.
- We must remain especially vigilant towards the end of our day, as our Honored Veterans will start showing signs of fatigue.

Safety

- If a veteran falls and is forced to the hospital, then he or she will not be making the flight home with our group.
- Honor Flight Bluegrass has a "Designated" representative who remain behind with the veteran until the family can make arrangements to travel to DC and retrieve the veteran in order to bring him home.
- This is an Honor Flight nightmare and one we want to avoid at all costs.
- Your assistance coupled with our staff will greatly reduce the risk of this happening.

Review Question #3

- Which of the following will NOT happen if a Veteran falls and breaks a bone?
 - Please click on the correct response
- A. The Veteran returns home with the group
- B. The Veteran's family must come to DC to get them
- C. Honor Flight's reputation is harmed
- D. Emotional trauma for other Veterans

Medical

- No matter what the situation is, ALWAYS notify an Honor Flight Team member as fast as humanly possible, while still taking care of your distressed veteran.
- Turn your attention to the distressed person and keep them calm.
- Start the Breathing and Stop the Bleeding!
- In the rare case you are not near an Honor Flight Team member, call 911 and report your situation and location.

Medical

- After notifying someone, turn your attention to communicating with the distressed person and keep calm.
- Again, make sure the person is breathing and that there is no bleeding.
- Loosen any constricting clothing.
- Keep victim comfortable dependent on the situation.
- Watch for vomiting. If Veteran vomits, turn head to side to clear air way.
- Do not move head if head or spine injury is evident. Wait for professionals.
- Do not give food or water until approved by professional.

Serious Injury

- HFB personnel will provide veteran's medical information to first responders and/or hospital staff. This information is only as good as it was filled out by the veteran at the time of application.
- Our Mission will continue once situation is stable.
- If hospitalization is required and dependent on the situation, a designated HFB member will remain with the veteran.

Review Question #4

- In case of a serious emergency, which should you NOT do.
 - Please click on the correct response
 - A. Attempt to treat Veteran yourself
 - **B.** Call Mission Director
 - C. Call 911
 - D. Make Veteran comfortable

Medical Safety

- Each Honor Flight has trained medical team that consists of:
 - Medical Director
 - Medics for each Bus
 - Additional Medical Personnel, as necessary.
- Upon arriving at the airport, and uniting with your Veteran, it is at this time to ask the important questions about any medical issues you need to be aware of. Even if you are a family member, you may not know everything about the Veteran. Just ask.
- Oxygen bottles are not allowed on aircraft. Oxygen generators must be used onboard aircraft. Veterans will have to submit prescriptions prior to the flight so that we can arrange for oxygen to be at the airport.

Medical Safety

Each flight will have appropriate medical equipment aboard:

- FIRST RESPONDERS MEDICAL KIT

 designed for cuts, bruises, and other first aid items.
- COMFORT BAG

– contains Depends, sunscreen, sweat pants (to replace soiled clothing)

• AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

Medical – Effects of Flying

- Motion sickness: Can ask for Dramamine, Antivert, Scopolamine, etc.
- Seizure disorders How are they controlled?
 - Prone to episodes with a lot of noise, vibration, fatigue
- Barometric pressure changes affect:
 - Colostomy / Urostomy bags
 - Chronic ear/Sinus problems
 - Open head injury problem
- Decreased partial pressure of oxygen.
 - If they have problems on the ground, they can get into trouble in the air because of cabin pressure

- It is important for all travelers, especially the veterans, to focus on exercising while seated.
- Visits to the Restroom encourage the veteran to get up and walk only when necessary (i.e. use the restroom) as they may tend to be less stable during a flight.
- Hydration push the fluids. Dehydration causes the blood to thicken, thus increasing the risk of deep vein thrombosis or blood clots in the legs. Another very good reason for ALL of us to stay hydrated while flying.

Seated Exercises and Stretches

The following exercises should not be performed if they cause pain or cannot be done with ease.



Ankle circles:

Lift feet off the floor, draw a circle with the toes, simultaneously moving one foot clockwise and the other foot counterclockwise. Reverse circles. Do each direction for 15 seconds. Repeat if desired.



Foot Pumps:

Start with both heels on the floor and point feet upward as high as you can. Then put both feet flat on the floor. Then lift heels high, keeping the balls of your feet on the floor. Continue cycle in 30-second intervals.





Knee lifts:

Lift leg with knee bent while contracting your thigh muscle. Alternate legs. Repeat 20 to 30 times for each leg.



Shoulder roll:

Hunch shoulders forward, then upward, then backward, then downward, using a gentle, circular motion.



Arm curl:

Start with arms held at a 90-degree angle: elbows down, hands out in front. Raise hands up to chest and back down, alternating hands. Do this exercise in 30second intervals.



Knee to chest:

Bend forward slightly. Clasp hands around left knee and hug it to your chest. Hold stretch for 15 seconds. Keeping hands around knee, slowly let it down. Alternate legs. Repeat 10 times.



Forward flex:

With both feet on the floor and stomach held in, slowly bend forward and walk your hands down the front of your legs toward your ankles. Hold the stretch for 15 seconds and slowly sit back up.



Overhead stretch:

Raise both hands straight up over your head. With one hand, grasp the wrist of the opposite hand and gently pull to one side. Hold stretch for 15 seconds. Repeat on the other side.



Shoulder stretch:

Reach right hand over left shoulder. Place left hand behind right elbow and gently press elbow toward shoulder. Hold stretch for 15 seconds. Repeat on the other side.



Neck roll:

With shoulders relaxed, drop ear to shoulder and gently roll neck forward and to the other side, holding each position about five seconds. Repeat five times.

Medical - Ground Conditions

• What is the single most enemy to a veteran?

- Falls
 - can most likely occur in common areas, loading and unloading aircraft or bus
 - At the memorials around ramps and steps.
- Be ever vigilant for signs of fatigue or confusion. Notify someone.

Medical - Review

• WHAT IF

- Sudden confusion
- Chest pain
- Weakness on one side of body
- Unconsciousness
- Shortness of breath or breathing problems
- Anything out of the ordinary NOTIFY SOMEONE IMMEDIATELY

Review Question #5

- In case of a medical emergency DO NOT
 - Please click on the correct response
- A. Attempt to treat Veteran yourself
- **B.** Notify Mission Director
- C. Notify Honor Flight Medical Staff
- D. If airborne notify flight attendant

Guardian Responsibilities

- You are to care for the Honored Veteran as if they were a member of your family. If you are a family member, then you already know this.
- <u>Remember, you are not a tourist!</u>
- AS A GUARDIAN "WE ASK YOU TO DO WHAT WE WANT YOU TO DO, NOT WHAT YOU WANT TO DO".

Guardian Responsibilities

YES, WE JUST COVERED THIS AND LET'S GO OVER IT AGAIN!

- Notify Medical Personnel or Honor Flight Staff if any of the following occur:
- Excessive Fatigue
- Chest Pain
- Shortness of Breath
- Dizziness
- Nausea
- Numbness/Tingling in Body, Arm or Leg
- Suddenly Acts Confused
- Anything Out of the Ordinary

Guardian Responsibilities

- YOU are their eyes and ears (you have to repeat announcements for Veterans with hearing problems)
- Help blind Veterans feel the Sculpture panels
- Be their hands also (this may include helping them carry drinks or opening water bottle caps)
 - Many want to do it on their own so just take the initiative and say, "Here, I've propped this open for you."
- Seniors are prone to dehydration

Review Question #6

- As a Guardian, what is your primary responsibility?
 - Please click on the correct response
 - A. Entertaining Veterans
 - B. The safety of the Veteran
 - C. Insuring that you see all the memorials
 - D. Answering media questions about Honor Flight

Wheelchairs

We encourage Veterans that:

- Use a walker
- Use a cane
- Walk with a limp
- Are unsteady on their feet or prone to falling
- That tire easily

To Use a Wheelchair

Wheelchairs

- Honor Flight provides wheelchairs available at check in for those that require them.
- Many Veterans are hesitant to ask for a wheelchair.
- Many will refuse wheelchairs.
- We encourage Veterans with even a hint of mobility issues to take advantage of wheelchairs.
- We will utilize the wheelchairs from check in to the gate, and from the gate to the bus, to avoid exhausting the veteran.

Wheelchairs

- Veterans are not allowed to bring their own personal wheelchairs on the flight. Honor Flight Bluegrass will supply all wheelchairs.
- As we unload busses, Veterans get the next wheelchair up.
- Upon arrival home, once you have transitioned around and down the hall of honor, you will proceed to the front of the check in area and wait for ground transportation to arrive and pick up your veteran.
- Under no circumstances will wheelchairs leave the departure level floor. Cars must pick up veterans on the upper deck in the departure area where check in occurred.

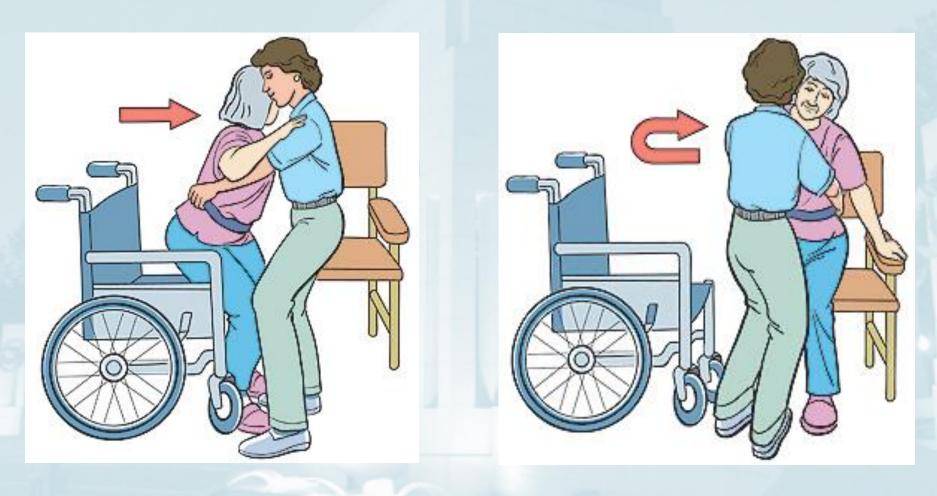
Wheelchairs

- This will be a long and grueling day for both Veterans and Guardians.
- We will cover several miles (in short increments)
- Women and children love veterans in wheelchairs.
- The Veterans call them "chick magnets"!

Do The Dance

- Insure the wheelchair is locked in position and the foot rests are in the "up" position.
- Approach wheelchair from the front.
- Grasp Veteran under the arms and lift to standing position – get help if needed.
- Turn Veteran to face front, he or she places their hands on top of shoulders
- Grab Veteran by the belt
- Assist as needed to walk
- Have a Guardian fore and aft of the Veteran for stability if needed.

Wheelchair Transfer



Shuffle the Chair

- Requires 3 people
- Insure the wheelchair is locked in position and the foot rests are in the "up" position.
- Approach wheelchair from the front.
- Grasp Veteran under the arms and lift to standing position 2nd person holds veteran from back.
- 3rd person removes one wheelchair and inserts the replacement wheelchair or seat
- Grab Veteran by the belt
- Assist as needed to walk
- Have a Guardian fore and aft of the Veteran for stability if needed.

Bus and Wheelchair Video

• MOVEMENT OF VETERAN ON AND OFF BUS

• USE OF WHEELCHAIR LIFT

CLICK HERE TO PLAY VIDEO

Review Question #7

- Which of these is true concerning wheelchairs
 - Please click on the correct response
 - A. Always make sure the Veteran gets the same wheelchair.
 - B. Put Veteran in the next available wheelchair
 - C. Try and talk Veterans out of using a wheelchair
 - D. If you get tired you may ride in the wheelchair.

Typical Mission Itinerary

- THE ITINERARY HAS BEEN PROVIDED.
- FOR CLASSROOM, WE WILL GO OVER THE ITINERARY BRIEFLY.

A Long Busy Day

As you can see, this will be a long grueling day for these aged Veterans.

We try hard to make things as easy on the Veterans as possible.

For travel to and from the memorials, we have a police escort.

The escort is often referred to by the Veterans as the coolest part of the trip.

• Act smart, be safe

- If you see or know about suspicious activities (suspicious persons or packages) report immediately to authorities and Mission Director.
- In event of an incident, contact an HFB Staff Member
- Remain calm and be patient
- Leave the area immediately
- Follow directions of authorities
- If able, help any injured
- Do not try to manage the situation alone

Security Tips

- Always be prepared
- Pack light; carry a minimum of valuables; be aware of theft in crowed places
- Avoid packing IDs, and other documents in exterior pockets of backpacks, or places you cannot see
- Always have a list of important contact information available

Hydration and Food

- Food will be provided throughout the duration of the mission.
- Water will be provided throughout the day on the bus. Just ask a Bus Captain for additional water.
- Please be sure that our Honored Veterans eat and stay hydrated. We will have snacks and water available all day.

Hydration and Food

Keep our Honored Veterans hydrated!

- These veterans may be reluctant to drink fluids because of control of bladder problems.
- Our buses will have a bathroom onboard and a restroom stop is always available at each of the memorials and airports.

Hydration and Food

- Meal time is a great time to remind Veterans to <u>take</u> <u>medications</u>
- Make sure you understand their medication requirements.
- We ask that the Veterans (and Guardians as well) bring any required medications (plus an extra day's worth).
- The Mission Director and the medical team will have a list of who has what prescriptions but know your Veterans requirements.

No Alcohol

- Under no circumstances shall a Mission Guardian partake of any alcohol or drug nor be under the influence of either while representing The Honor Flight Bluegrass Chapter.
- We are a drug and alcohol free organization.
- Immediate dismissal from the organization will occur if Guardian is found to be under the influence.

Airport Procedures

- Check-in
- TSA briefing and security processing
- Personal wheelchairs
- Airplane seating

Check In

- Check in at the Louisville airport is at the far right (adjacent to United Airlines) of the ticketing area.
- If you are dropping off a veteran and need to park, drop off the veteran on the departure level just in front of the valet parking area.
- For Airport Map <u>Click Here</u> Look at upper level. Our check in area is located to the far right of the United Ticket area.
- You will be given specific instructions once you check in as to the next step in going on this mission.
- There may be media and politicians present for the send off.

Airport Check In

- Upon connecting with your veteran, please have them show you the following:
 - Their Photo ID
 - A list of their medications and verify that they have enough for this trip. You want to know where they are keeping this.
 - IF THEY DO NOT HAVE THEIR ID AND/OR MEDICATION, THEN WE NEED TO BE INFORMED IMMEDIATELY.
- Ask the veteran if they have any sharp objects or any weapons, pocket knifes. Please collect them and give to a Honor Flight Staff before we proceed to the gate. It will be kept and returned to the veteran upon return to Louisville.

Veterans and Guardians Packages

- At check in each Veteran and Guardian will be provided with an Honor Flight tee shirt.
- Please insure that both the Veteran and the Guardians are wearing the shirts. This helps maintain visual control of both Veterans and Guardians.
- We will not be the only Honor Flight at the memorials

Veterans "Luv" Package

- Veteran Tee shirt
- A color coded lanyard with their name for identification (Note, the lanyard color determines which bus you will be on.)
- If your lanyard and your veteran's lanyard are of different colors, please notify HFB staff.
- Camera, Sunscreen, Hand Sanitizer, Lip balm

Guardian Package

- Guardian Tee shirt
- Color coded lanyard with name badge and information cards (for public contact)
- Note, the lanyard color determines which bus you will be on.
- Boarding pass (unless charter)

TSA Briefing

- TSA will give the Honor Flight a private security briefing.
- Check again for ID and prohibited items. Give prohibited items to stay behind staff. Have ID's out and ready for when we start the movement.
- Honor Flight will move as a unit through expedited security using the EXIT gate for ease of movement. IDs will be checked against list.

Review Question #8

- Which of the following must the Veteran bring to the airport?
 - Please click on the correct response
 - A. Pocket knife
 - B. Copy of his shot records
 - C. His/Her picture ID card
 - D. His/Her DD 214 discharge form

Head Counts

We really do not want to lose anyone, so we will be having aggressive head counts frequently:

- Prior to boarding and after departing aircraft
- Before bus leaves airport
- Memorials
- Rest Rooms

BUS CAPTAINS WILL CONDUCT ALL HEAD COUNTS AFTER EACH MOVEMENT.

Have Veterans sit in the same seat on the bus all day.

Entering And Exiting the Aircraft

- Do not be shy about maintaining positive control of the veteran during periods of transition
- Assist in rising from the wheelchair
- Assist into the aircraft and to the seat
- Assist off the aircraft
- Position the wheelchair to "do the dance" into the wheelchair
- "Do the dance"

Assistance in the Aircraft

- Assess how much help your Veteran will require.
- We encourage Veterans to wear belted pants if at all possible. (we carry a utility belt if required). The belt provides great leverage point.
- Use arms and belt for stability.
- Guardian fore and aft if required for support.

Aircraft Seating

- Wheelchair bound Veterans will board first.
- Honor Flight Staff will be onboard to direct you to your seats. There are no assigned seats.
- Upon arrival, wheel chair bound Veterans will unload last to allow time for wheelchairs to be brought to aircraft door.
- We will load the plane in a safe and efficient manner.

Bus Assignments

- HOW DO YOU KNOW WHICH BUS YOU ARE ON?
- Make sure you and your Veteran have the same color lanyard.
- Bus assignments are made for logistical reasons number of wheelchairs etc.
- <u>Please do not change to a different bus</u>.
- There will be other flights, and each bus looks the same practically. Know your bus number!!
- You may leave personal items on the bus at stops.

Entering and Exiting The Bus

- Bus Captains will establish Guardian Teams and you will have a role in helping this team with specific functions when we exit the bus and enter the bus.
- One Guardian at top of steps
- Two Guardians at bottom of steps
- One Guardian to position wheelchair
- Use of hands/arms for assistance
- Use of belt for stabilization and support
- Even if your Veteran does not require assistance be prepared to help others.

Entering and Exiting The Bus

- This is a critical point. There are a number of steps on and off the bus.
- Remember you are here to help all Veterans.
- Do not be shy. Be on the lookout for where help is needed.
- Maintain positive control at all times.

Review Question #9

- When entering and exiting the bus, how many Guardians must be involved in helping
 - Please click on the correct response
 - A. 1 Guardian
 - B. 2 Guardians
 - C. 3 Guardians
 - D. 4 Guardians

Care and Respect

 Honor Flight gets many anxious calls from family members of our Honored Veterans regarding the care and safety of their family member. We assure the family that the Honored Veteran will be treated with the utmost of respect, and cared for like a family member of our own

 Our mission Guardians must remain ever vigilant to the welfare of our honored guests. Normally, we strive for an 1:1 ratio of Honored Veterans to Mission Guardians.

Talk to the Veteran

- Ask questions
- Find out about their service
- Many of these Veterans have never spoken to anyone about their experiences.
- This is their chance to discuss in a friendly understanding situation.
- Start with easy questions How was the chow?
 What branch of the service? Dates of service?
- Guardians often return a changed person for this experience.

Listen to the Veterans

- Soak it all up. This may be one of the best days of your life. Make a friend with a member of the <u>Greatest Generation</u>.
- This day is about them. Do not do all the talking.
- Lend a sympatric ear. Remember, they may never have told anyone what they are telling you.
- Thank them for sharing their story.
- Encourage them to share their story with their family.

Guardian Traps

- Think it's their trip to DC (Tour Director)
- Traveling with family member- think their Veteran is the only Veteran that matters
- Older family members as Guardians go from asset to liability
- Guardian needs wheel-chair
- Attention fades as the day progresses

News Media

- There is often media around.
- The media is important to our fundraising efforts. Try and accommodate them.
- Try and determine if your Veteran is comfortable talking in front of media.
- If not, steer the media to those Veterans who are more comfortable. It becomes apparent quickly who these Veterans are.
- If the media asks about you defer to the Veteran. It is their day.

Photographs

- Encourage Veterans to take pictures often (bus, plane, airport, memorial, new found friends)
- Ensure Veteran gets into the picture
- Use their disposable camera but please use a digital camera on a phone and send them to Honor Flight.
- After the Veterans pass away, these will be some of the most treasured pictures in the world to their families.

Veterans Pay for Nothing

(Except for personal souvenirs)

You should not have to buy anything for them. We provide food, drink, and snack along the way.

Donations During Honor Flights

- Never accept donations from Veterans on mission
- Do not accept donations from the public. <u>FIND AN HONOR FLIGHT STAFF MEMBER</u>

 Ask them to visit the web site: www.honorflightbluegrass.org
 to make an on-line donation with a credit card or mail check to P. O. Box 991364, Louisville, KY 40269-1364

Review Question #10

- Which of the following should a Guardian NOT DO?
 - Please click on the correct response
 - A. Encourage Veteran to talk about his experiences
 - B. Talk extensively with news media
 - C. Thank Veteran for sharing their stories.
 - D. Encourage Veteran to share his/her story with his/her family

Greatest Compliment

 We have contacted several alumni Honored Veterans of Honor Flight Bluegrass and asked them what was the most memorable part of their trip? The answer remains constant.

They speak about the appreciation, admiration, respect and gratitude shown to them by everyone who they came in contact with...especially the Mission Guardian TEAM which is you.

This memory will remain with them for the rest of their remaining days – make it very positive!

VISITING THE MEMORIALS

WWII Memorial



Upon arrival and gathering in the memorial, there will be a short ceremony followed by a group picture.

(restrooms available)

Find Kilroy!



Arlington National Cemetery





Watch your veteran on the steps, they are very slippery if wet and handrails are scarce. Please be sure all CELL PHONES ARE OFF!

(restrooms available)

Korean Memorial

 Watch curbs and edges of walkways.
 Statues at Korean Memorial are only part of the memorial - be sure to take in the black granite wall there, too.





Lincoln Memorial



There are MANY steps at this memorial. If the veteran wants to go up to see the inside of the memorial, encourage them to use the elevators (which are a bit dated, please note). (restrooms located on Lower Level)

Vietnam Memorial



Watch for difficultly navigating the descend/incline. Area can be slippery if wet. Consider taking a wheelchair as this is a longer walk.

Marine Corps War Memorial



Watch your step! Ground is very uneven around memorial.

Watch for traffic,
 sometimes area is
 congested, and use
 caution crossing road
 to and from bus.

Beware of the stairs! (wheelchair ramp available, to the left)

DULLES AIRPORT

- On the way there, we will eat a meal as we depart the Marine Corps War Memorial
- Once inside, we will conduct Mail Call for the veterans.

WELCOME HOME



We cannot all be heroes; some of us get to stand on the curb and clap as they go by."

Will Rogers

Guardian Donation

" I agree to a donation that is determined by the Honor Flight Bluegrass Chapter's Board of Directors to offset my costs (airfare, meals, charter bus, police escort, liability insurance, tshirt, neck lanyard with ID pouch, lapel pin) involved with my participation in an Honor Flight mission conducted by the Honor Flight Bluegrass Chapter in accordance with their Mission Statement.

I fully understand that as the Honor Flight Bluegrass Chapter is an IRS recognized 501 (c)(3) not-for-profit organization my donation is tax deductible to the full extent of the law since I received no goods or services."

VERY IMPORTANT

- After completing training, take the answers to all of the Review Questions only, and provide them to your Honor Flight Bluegrass Team Member designated on your letter.
- Prefer you email them with the answers first and if that does not work, then call them.
 When emailing, please list your name, veteran's name, and a phone number to reach you.
- Upon a passing score, you will have successfully completed the Guardian Training Course.